

Covid19 Club Coaching Guidelines



Participation in our sport depends on, above all else, coaches taking personal responsibility for the behaviour to prevent the spread of the virus.

- Each coach will work with the anglers to ensure that COVID19 measures are strictly adhered to during the coaching session.
- The Lead Coach must be fully versed on the current Government Guidelines and travel restrictions in place across the island.
- Before attending any session participants must self-assess. If answering **YES** to any of the questions provided, they must stay at home.
 - ✓ Travelled overseas from a non-green List country in the last 14 days
 - ✓ Displayed Covid19 symptoms in the last 14 days, to include
 - A high temperature, fever
 - A new or continuous cough
 - Recent loss of taste or smell
 - Unusual shortness of breath
 - ✓ Have been in contact with a suspected Covid19 case in the last 14 days
 - ✓ Reside in a region currently subject to travel restrictions
- Coaches are required to update their safety plans and risk assessments.
- The plan should include measures relevant to COVID-19, for example, physical distancing, wearing of face coverings, availability of hand sanitisers, tissues and clinical waste bags, clear procedures around hand hygiene and respiratory etiquette.

- The Lead Coach will keep a log of any group of anglers, to facilitate Contact Tracing. This must include contact details, both phone number and email address. This log should be held electronically to avoid delay in transferring it to tracing authorities, should that be necessary.
- Each participant or group leader should be texted or emailed the contact details of the lead organiser. A pre-booking system that captures contact details electronically is highly recommended
- Coaches are required to put a response plan in place, outlining details of how they will deal with a suspected case of COVID-19 at the event, the lead coach is in charge.
- A set of PPE gear in a sealed bag should be included in a first aid kit. This set should include apron, surgical face mask, eye covering and two pairs of gloves to allow the First Aider to 'double-glove'.

Hygiene

- All participants should be advised to stay at home if they, or someone in their household feel unwell.
- Participants should be asked to travel alone or with family members. Where this is not possible masks must be worn.
- Regular washing or sanitising of hands before, during and after the session. Participants should always have a hand sanitiser in their possession and be encouraged to use it regularly.
- Participants should be reminded, with clear signage, of their personal responsibility to.
 - ✓ SPACE Maintain a 2M physical distance
 - ✓ FACE Use coverings as appropriate
 - ✓ HANDS Sanitise regularly

- Always maintain Physical Distancing. The lead coach should carefully plan the use of space at the venue.
- Before and after the session, disinfect all equipment with a viricide i.e. Rely+ Virkon

The Coaching Session

- Before the session, there should be a briefing session for all participants to make sure that they are up to speed on the Public Health Advice and Guidance. The Lead Coach is responsible for this.
- Encourage the group to avoid congregating at the beginning or end of the session. Avoid crowded public areas.
- The Lead Coach should ensure that signage around hand hygiene, physical distancing, cough etiquette and the wearing of face coverings is prominently displayed at the event.
- Consider arranging coaching in small isolated pods of anglers and coaches.
- Where 2m Physical Distancing is not possible face coverings must be worn. The coach should carefully plan the use of space at the venue.
- Regular washing or Sanitising of hands before, during and after the session, It's the responsibility of the coach to provide sufficient disinfectant and sanitiser at each pod
- Where toilet facilities are in use, regular recorded cleaning, e.g. hourly, must be arranged. Disinfectant wipes with a sealable disposal unit (lined bin) should be available. The lead organiser is responsible for putting up notices in the toilets advising users to disinfect all hard surfaces they contact, before and after use. The notice should also make clear that the wipes are not suitable for flushing.
- Participants should be advised against sharing equipment, food or drink. The

Coach is responsible for ensuring adequate quantities of sanitised equipment are available for the planned coaching activities.

- If anyone displays any symptoms of the virus during the event, the lead coach must direct that person to remain in an isolation area, all the time maintaining a 2-metre physical distance. Arrange for that person to remain in isolation before arranging for them to be transported home or to a medical facility, avoiding public transport.
- The lead organiser of event must also carry out a full risk assessment of the incident to see what, if any, further action needs to be taken.
- Certificate/prize giving ceremonies must respect physical distancing and should where possible be held outdoors. Prizes/Trophies must be thoroughly disinfected.